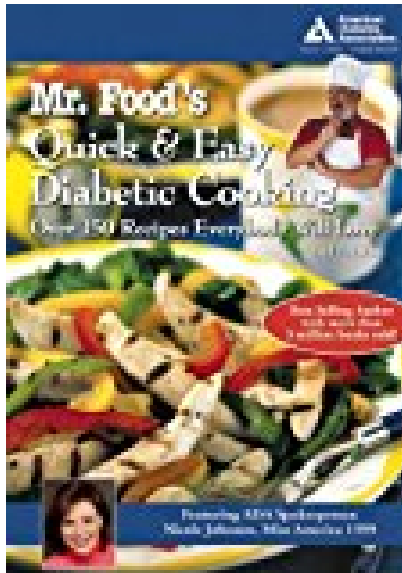


Mr. Food's Quick and Easy Diabetic Cooking



BOOK DETAILS

- Author : Art Ginsburg
- Pages : 212 Pages
- Publisher : American Diabetes Association
- Language : English
- ISBN : 1580402712

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BOOK SYNOPSIS

Mr. Food is back--with healthier recipes for people with diabetes Mr. Food's Quick & Easy Diabetic Cooking was an instant sensation when it was first published in 2000. Now Art Ginsburg, television's Mr. Food, has revised this ADA bestseller to make these recipes even healthier for people with diabetes. It features more than 150 delicious Mr. Food recipes, including Marinated Steak Nachos, Citrus-Glazed Cornish Hens, and much more!

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