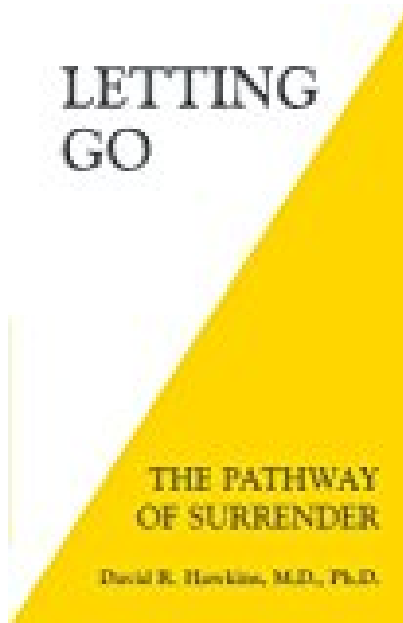


# Letting Go The Pathway of Surrender

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## BOOK DETAILS

- Author : David R. Hawkins
- Pages : 403 Pages
- Publisher : Hay House
- Language : English
- ISBN :

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## BOOK SYNOPSIS

The present work describes a simple and effective means by which to let go of the obstacles to Enlightenment and become free of negativity. During the many decades of the authors clinical psychiatric practice, the primary aim was to seek the most effective ways to relieve human suffering in all its many forms. The letting go technique (surrender) was found to be of great practical benefit and is described in this book.

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