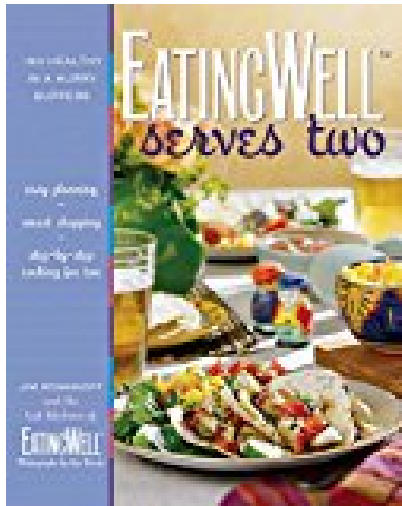


EatingWell Serves Two 150 Healthy in a Hurry Suppers



BOOK DETAILS

- Author : Jim Romanoff
- Pages : 256 Pages
- Publisher : Countryman Press
- Language : English
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BOOK SYNOPSIS

A tempting array of delicious, easy-to-prepare, and nutritious meals for two features 150 dinner recipes from the "Healthy in a Hurry" and "Serves Two" columns of EatingWell magazine, accompanied by helpful hints on how to shop in small quantities, how to store leftovers, how to keep a well-stocked pantry, and how to use simple cooking techniques to avoid waste.

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